## Artist Statement

My main practice is painting. I paint to understand the world around me. My paintings are narrative and investigate psychological states. They are theatrical resting somewhere between performance and object for staging.

I lean on painting from photography, making the image my own by changing the palette, leaving out parts, letting them dissolve or by mixing several images.

I get my inspiration from found images, the internet, news, private photographs etc.

Philosophy and psychology have always interested me and my background as a psychotherapist and my spiritual practice of many years are important fuel for my paintings. How do we make sense of the world in and around us? Out of complexity and innumerable influential factors, we basically rely on deficient information and assumptions based on prior experiences.

In my paintings and drawings, I also rely on deficient information, and must work with circumstances, finding a balance between letting go and letting flow and otherwhere accentuating or leaving out details.

In previous works such as in the series 'Decadence Revisited' I examined 'decadence' as a concept and revisited the Decadence Movement (my bachelor project in 2018) In the series 'Where is Dorian', 2020, I used the media's overwhelming amount of imagery, i.a. from private film footage of the Hurricane Dorian, as a starting point for a series of partially degraded landscape paintings painted in an optimistic Caribbean palette. My last gallery exhibition, in 2022, I titled "The Theater of Things". Here elements from both the theater and the museum world were staged on the canvas.